



The practical demonstration of emotional intelligence competencies and clear explanations of research have helped me gain confidence and feel energized to implement SEL at my school.

Meghan Magillian, Counselor, Sacred Heart School

# EQ Assessor Certification for Education

**Earn certification in a powerful, practical toolset  
for measuring and developing EQ for youth and adults.**

Choose the highly engaging blended learning or the flexible all-online option.

**EQAC-** EQ ASSESSOR  
FOR EDUCATION

 **sixseconds**  
THE EMOTIONAL INTELLIGENCE NETWORK

Clear data is invaluable in education:

## You get what you measure.

While there are many tools to measure academic growth, there are few that focus meaningfully on the emotional side. To lead positive change in schools, and to create an evidence-based approach to social emotional learning (SEL), metrics are key: metrics about student, teacher, and parent emotional intelligence – and assessment of the school climate as a whole.

The EQ Assessor Certification for Education (EQAC-E) certifies you to administer Six Seconds' normed, validated assessment tools including:

**SEI:** Emotional Intelligence Assessment for Adults

**SEI-YV:** For youth ages 7-18

**P-YV:** Perspective on youth (any age) by adults

**Brain Profiles:** For adults and youth

**EVS:** Education Vital Signs, the powerful school climate survey (optional)

These robust tools are powerful because they blend serious science with a practical, easy-to-apply framework. See more about these on the next page, or [read about the tools on 6seconds.org](http://6seconds.org).

## Who should attend?

EQAC-E is ideal for **consultants, trainers, counselors, coaches, and educators** working in elementary through higher education and in community organizations/agencies. The course is relevant for all professionals seeking tools to help young people – and those who support them – put emotional intelligence into action.

## EQAC-E take aways:

- Learn the powerful Six Seconds EQ Model and Social Emotional Learning process for education.
- Be able to deliver, interpret, and debrief the SEI, SEI-YV, pYV, Brain Profile assessments and the EVS school climate survey.
- Develop insight on how to use the tools in your work to create an evidence-based approach to social emotional learning / EQ development.
- Increase your own emotional intelligence.
- Join the Six Seconds' Certified Practitioner Network and associate yourself with a global leader in EQ for world with more insight, connection & purpose.
- EQ Assessor Certification.
- EVS Certification.
- EQAC is accredited by the International Coach Federation for 33 CCEUs (Coach Continuing Education Units -- 26.25 Core, 6.75 Resource).





The Six Seconds emotional intelligence model has been central in establishing healthy cultures in two schools I have had the pleasure to administrate. The question for educators today is not whether we should implement EI training into our schools but how we can make it the focus of building our culture.

Ed Woodd, Charter School, Principal

## The EQAC-E Toolkit

Where other tests provide “diagnosis,” these tools offer insight, plus a powerful framework for putting emotional intelligence into action.

- **SEI:** Emotional intelligence self-assessment for adults includes numerous report options for use in coaching, training, and professional development. Includes Six Seconds EQ Model plus outcomes including: Effectiveness, Relationships, Wellbeing and Quality of Life.
- **SEI-YV:** The best-in-class tool for measuring and developing emotional intelligence in youth (ages 7-18). The tool measures EQ linked to life outcomes: Good Health, Relationship Quality, Life Satisfaction, Personal Achievement, and Self-Efficacy.
- **P-YV:** This tool gives an adult’s perspective about a child’s EQ competencies. An adult fills in the questionnaire for the child. Then, the report is generated to help synthesize those insights.
- **Brain Profiles:** An introduction to the Brain Brief, Brain Talent, and Brain Discovery profiles for adults and youth, and the Dashboard group report for classrooms and other groups.
- **EVS:** The Education Vital Signs (EVS) is a statistically validated, normed assessment of school climate that quickly identifies areas both supporting and interfering with school success. The school climate influences critical outcomes such as thriving, safety, involvement, and learning.

The toolkit also includes introductory presentation materials and sample lessons to assist with the introduction of social emotional learning





**The Six Seconds faculty is connected to changing the world one person at a time. This work is the future.**

Sheryl E. Cohen, Ph.D., Director,  
Stephens S Wise Temple Early  
Childhood Center (LA, CA)

## EQAC-E Agenda

### Blended

One day in-person interactive training.

Three online sessions (90 minutes each)

2-3 hours of independent work before each online class.

6-8 hours of independent work following the last session.

### Virtual Classroom

Learn from your desk in our online classroom.

Four online meetings (2 hours each)

2-3 hours of independent work before each class.

6-8 hours of additional independent work.

Completion requires practice debriefs with your facilitator, live debriefs of assessments with adults, youth, and school leaders, plus eLearning with videos, readings, & resources.

EQAC-E begins with pre-course work: taking the SEI assessment, having a 1:1 debrief, and reading about the model.

In the course, we continue with an orientation to the Six Seconds Model and framework for implementing Social Emotional Learning. Then we go into detail on the **tools** using case studies, practical exercises, and discussion of best practices for debriefs. Participants complete several short modules in our e-learning site with resources, videos, readings, and discussion forums to support the classwork.

The course continues with mid-course and post-course coaching to practice and apply the tools, and includes a practicum debrief for the SEI, SEI-YV, and the EVS, if desired. With this support, participants complete the certification and are quickly able to use the EQ assessments to measure positive change. Directions for accessing the EQ Profiles for education online modules are also included.

EQAC-E is offered in two versions: “Blended” or “Virtual.” Either option provides the same content; the blended option adds the “real world” experience, the virtual is more flexible.





## Registration & Contact

**Register online:** [www.6seconds.org/reg/](http://www.6seconds.org/reg/)

**Schedule:** See [www.6seconds.org/events](http://www.6seconds.org/events) for upcoming classes

**Course fee:** €/ \$1595

**Early discount** (30 days in advance): €/ \$1395. 10% discount for 3 or more from one group

**Registration includes:**

- Pre-course work including self-assessment and preparatory e-learning modules.
- Training available either the blended course or virtual online course (see below).
- Post-course completion of e-learning modules, individual assessment debriefs, and work with clients/students.
- Tools Intranet Account with \$150 value in credits for use in certification completion (for use within 90 days of training or as arranged with your facilitator).
- EQAC-E Consultant Kit including SEI, SEI-YV, and Profiles Assessors guides, SEI Workbook (license to reproduce for SEI clients), sample reports, and supporting documents.
- Open invitation to re-attend the same course for costs-only.
- Your own Certification Profile on EQ.org website.
- Ongoing virtual meetings/trainings for certified associates and other opportunities for participation in our global network.

### For additional information contact:

(Global Office) Jenny Wiley <[jenny@6seconds.org](mailto:jenny@6seconds.org)> or Susan Stillman <[susan.stillman@6seconds.org](mailto:susan.stillman@6seconds.org)>

(Europe) Ilaria Boffa <[ilaria.boffa@6seconds.org](mailto:ilaria.boffa@6seconds.org)>

(MEA) Lize Rech <[lize.rech@6seconds.org](mailto:lize.rech@6seconds.org)>



## Certification Options

### EQCC: Coach Certification

If you want to learn how to coach (and work toward ICF accreditation), then join EQCC! It's an in-depth, six month, program to develop your skills and practice to become a certified coach.

### EQAC-E: Assessor Certification, Education

This course!

EQAC is for professionals who are already skilled and qualified in coaching/training/consulting/teaching. There are several versions of EQAC that all teach the same program with a different emphasis; EQAC-E equips education professionals to effectively use the SEI toolset and Six Seconds framework to bring EQ measurement to social emotional learning. On completion, participants earn the "Certified SEI EQ Assessor" designation.

Note: If you are new to EQ, we recommend the Six Seconds EQ Certification first.

### EQCM: Coach Mentorship

After EQAC - if you are **certified/qualified as a professional coach** and want to go further with Six Seconds' training, you can earn the "Certified EQ Coach" designation through the EQ Coach Mentorship (EQCM). Raise the bar and earn accreditation with your unique competence as an "EQ Coach" using the Six Seconds' coaching framework.

#### Benefits:

- Powerful support to use the EQ coaching framework and the SEI to get these tools embedded in your practice
- Deepen your EQ coaching expertise
- Designation on your Six Seconds' profile as a "Certified EQ Coach"
- Special logo for your website and/or business card
- Earn 9 ADDITIONAL CCEUs from ICF

#### Requirements:

- Hold at least ICF ACC or equivalent
- Complete EQAC and earn "Certified SEI EQ Assessor" designation
- Enroll in this post-course program within 30 days of EQAC
- Deliver at least 20 SEI debriefs
- Conduct at least five SEI 360s
- Complete 6 hours mentor coaching with Six Seconds
- Write at least 1 case about results of EQ coaching (individual or group)
- Demonstrate competence in E/A/R and L-A-C frameworks through a 1-1 Practicum (by coaching your Six Seconds' Mentor Coach)

EQCM includes mentor coaching (€/\$1500 value), SEI credits (€/\$1225 value) & final practicum; registration fee is only €/\$1695.



*Six Seconds' Change MAP provides the framework for designing and delivering coaching as a transformational process.*



## EQAC-E Certification Requirements

Certification requires completion of all coursework; your own SEI and debrief, three debriefs with the SEI –Adult version and two with the SEI Youth version. To earn EVS certification, participants complete a practice EVS with a school (free within 90 days.) Practicum debriefs with facilitators allow participants to demonstrate competence and confidence with materials and process. Certification lasts for one year, renewable by completing a short online form documenting at least 12 hours of continuing education with Six Seconds plus use of the assessments. In addition, completion requires reading & understanding of course materials and completion of the required e-learning modules; Additional distance training and practicum will be available at \$150/hr for those who require further study to meet the practicum expectations.

For the virtual program, participation is required in all 4 classes. Certifications must be completed within 90 days of the end of the course. The Educational Vital Signs Certification (EVS) is included at no additional charge, if undertaken within 90 days of course completion. The EVS may be taken at a later date for an additional \$500USD.



## About Six Seconds

Six Seconds is a global community of change makers practicing and sharing learnable, measurable, scientific skills to increase insight, connection and purpose.

Research shows the practice of emotional intelligence increases effectiveness, wellbeing, relationships and quality of life. So, our vision is a billion people practicing the skills of emotional intelligence worldwide. Founded in 1997, we are the first and largest organization 100% dedicated to the development of emotional intelligence. We have offices and representatives in over 25 nations and our community reaches 127 countries.

Find out more at [www.6seconds.org](http://www.6seconds.org)

