



Susan Stillman, Ed.D.

Director of Education

Susan has been an advocate and leader promoting SEL in education since the mid 1990's when she chaired her district's strategic planning subcommittee on "personal and social responsibility" and implemented an SEL initiative in her Connecticut public school. Since then, she has frequently presented at local, state, and national conferences, published widely, and consulted globally in emotional intelligence and social emotional learning.



Susan is a Master Trainer for Six Seconds EQ Practitioner and EQ Assessor certification courses. She coaches practitioners in the teaching, modeling, and measuring of EQ, enabling them to create optimal conditions for learning and success. In addition, Susan provides strategic planning and professional development for educators who wish to integrate EQ into their schools and universities. Promoting the value of EQ data for individual development, classroom management, and school climate, Susan directs Six Seconds' grants program, guiding researchers who wish to use Six Seconds' assessments in their studies. Susan loves connecting and supporting Six Seconds' volunteer Network Leaders to establish global EQ communities of practice.

As an adjunct faculty member in the School of Leadership Studies, Infant and Early Childhood PhD program at Fielding Graduate University, Susan teaches students in social emotional development and learning, educational leadership, and grounded theory, and appreciates the excitement that her graduate students feel when they recognize the power of using emotional intelligence in their educational or clinical practice.

Stillman holds a doctorate in Educational Leadership from Fielding Graduate University, a Certificate of Advanced Graduate Study in Social Emotional Learning from Vermont College, and a Master's degree in Education from Antioch New England. A K-8 public school counselor in Connecticut for over 20 years and an independent high school counselor at the Putney School in Vermont, Susan's certifications include National Certified Counselor (NCC), National Certified School Counselor (NCSC), K-12 Certified School Counselor, and Licensed Professional Counselor. Susan and her husband Paul split their time between Tucson, Arizona and New York City.

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