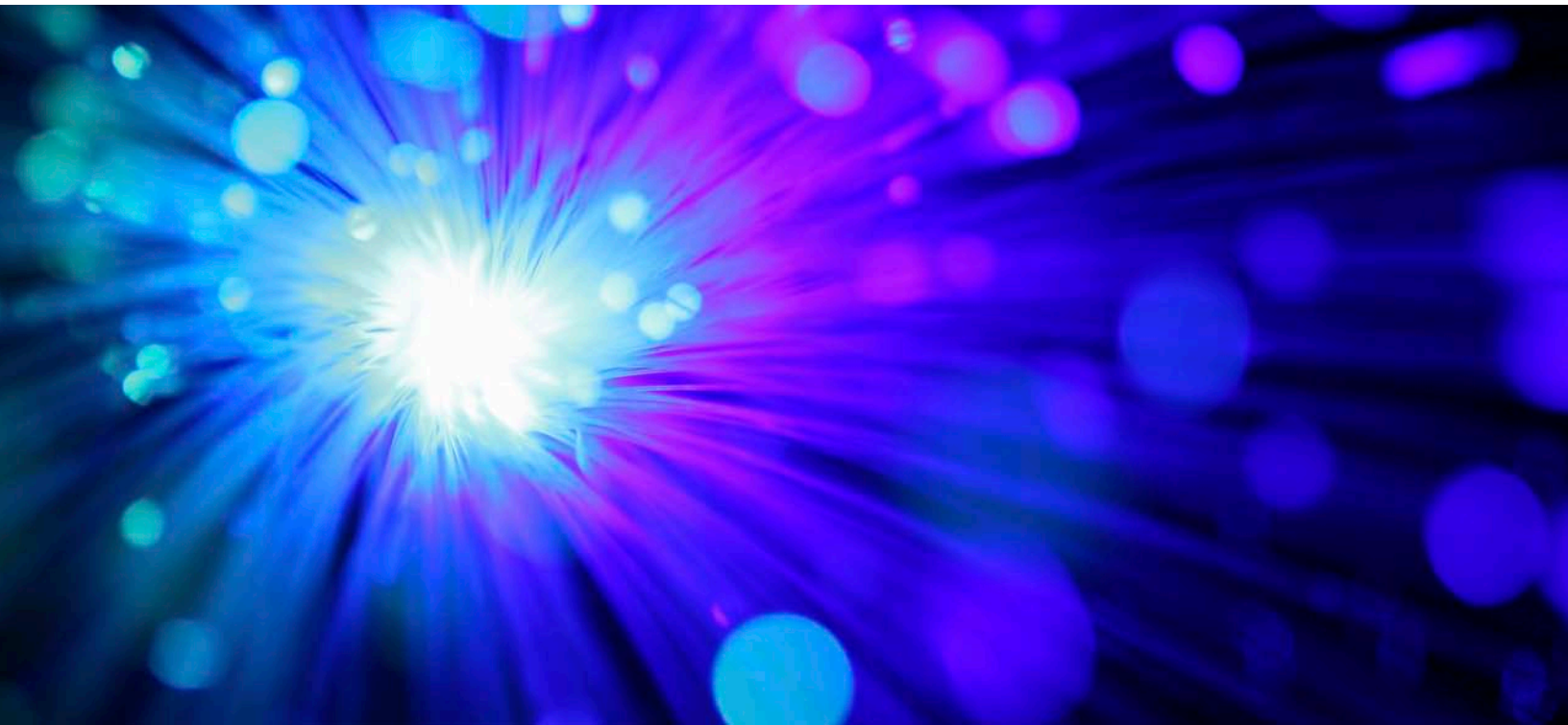


# Advanced EQ Trainer Certification

In addition to powerful EQ tools, Six Seconds' programs work because we teach the way the brain learns. This brain-based, humanistic, emotionally rich pedagogy creates transformational learning experiences by engaging head, heart, and hands. Join this course to learn how.



You've experienced the incredible power of Six Seconds' teaching.

Come learn how to deliver it.

## Certification Benefits

In this course you will...

- Learn how to train and teach the Six Seconds' way.
- Become more effective as a trainer / teacher.
- Brush up on the latest science of learning - including neuroplasticity, hot cognition, and the primary routes of information processing.
- Strengthen your "stage skills."

Supercharge your training and teaching by developing skill with Six Seconds' learning methodology.

This is a practical "learn by doing" program for graduates of Six Seconds EQ Certification program.

The first two days of the course provide a foundation of key concepts and skills that make this learning method work. Then, in the second two days, you work in small groups to practice, give and receive feedback, and practice more.

This course allows you to:

- Identify yourself as a Six Seconds Certified Advanced EQ Trainer
- Access advanced content from the EQ Practitioner library on EQ.org
- Deliver Six Seconds' content with greater efficacy and stronger results.



You will discover more about learning, the brain, emotions, and the Six Seconds teaching/training philosophy. Plus, you'll gain a deeper understanding of the model and how to focus teaching/training around key competencies.

## Content

### Six Seconds' principles

- Novel views of KCG
- Six Seconds' Learning Philosophy

### Facilitation

- Powerful questions
- Reading and responding to nonverbals
- Synthesis
- Building the "aha"

### Hot cognition

- Visual organizers
- Hooks
- Synthesis
- Metaphors

### Learning Design

- Engaging metaphors, mental models
- Games and experiments
- Concluding into action

### Stage skills

- Voice
- Emotional presence
- Stillness & blocking
- Dynamics, pacing
- Storytelling; building concepts through stories
- Humor

Certification requires demonstration of competence through post-session coaching to plan final practicum: delivery of 5 hours of training (including video taping 1 hour), and debriefing with coach.



“The EQAT provided a new set of skills and tools to deepen program design and delivery. We’ll use this approach to build transformational learning so our leaders are even more effective at strengthening relationships with employees and customer. This course is a must for any company committed to excellence in learning and development to unlock human potential.”

Jimmy Daniel, Senior Management Education Facilitator, FedEx Express

## Registration

For the current schedule of courses, see [www.6seconds.org/events](http://www.6seconds.org/events) | **Register:** [www.6seconds.org/reg](http://www.6seconds.org/reg)

Investment:

US\$2695 includes course materials, coffee/tea and lunches

**Advance:** 60 days pre-course: \$1995

**Group:** teams of 3 or more from one organization registering and paying together: 10% discount

**Scholarship** price: \$1795 in exchange for 15 service hours (space-available; can not be combined with early discounts)

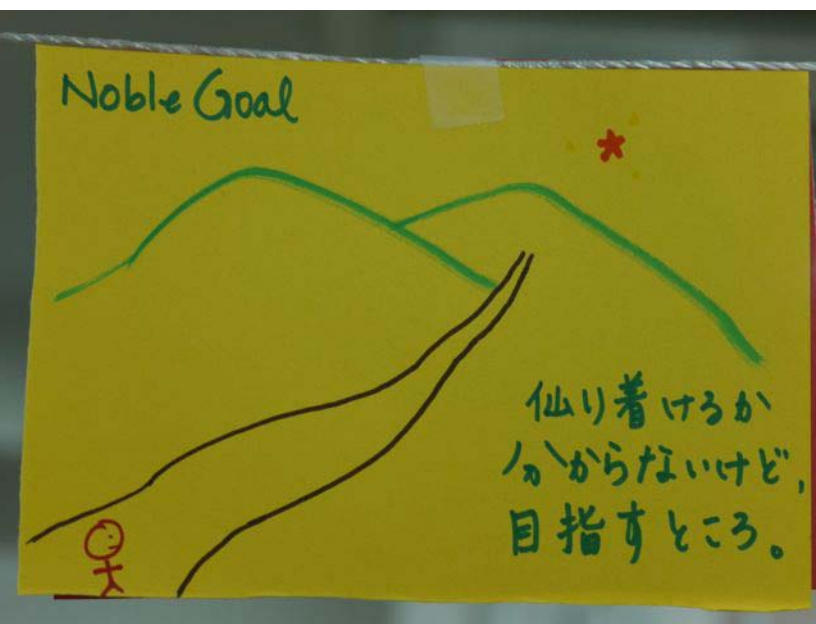
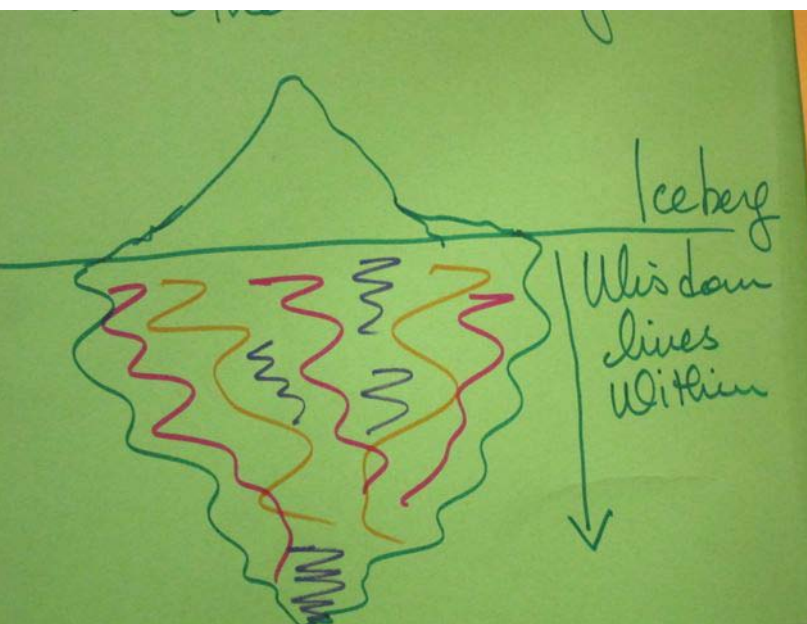
**Terms:** Registration fee may be paid in four monthly instalments (no interest)

## Who should attend

The course is designed for those who have completed Six Seconds’ EQ Certification and who are currently training and teaching emotional intelligence using Six Seconds’ methodology.

## Contact

For more information, email Jenny Wiley <[jenny@6seconds.org](mailto:jenny@6seconds.org)>





This program is the next step after EQ Certification for those who are committed to using Six Seconds' methods and tools with others.

To earn the advanced certification, participants demonstrate competence through the course and a post-program practicum.

## Certification Options

Practitioner Pathway	Educator Pathway	Coach Pathway
<p><b>EQPC: EQ Practitioner</b> Learn transformational methods to develop EQ, starting with yourself. Five days + postcourse practicum. <i>Able to: Join the EQ Cert library to access an extensive set of materials to spread emotional intelligence.</i></p> <p><b>EQAC: EQ Assessor</b> Measure &amp; develop core skills with a rigorous and practical toolset. 32 hours online/virtual, or 4 days in person, plus postcourse practicum. <i>Able to: Administer and debrief the SEI, SEI-YV, and SEI 360 assessments</i></p> <p><b>EQAT: Advanced Trainer</b> Supercharge design and delivery of training &amp; speaking with Six Seconds' learning methodology. Five days + postcourse practicum. <i>Able to: Join EQ Trainer library to use range of in-depth content.</i></p> <p><b>VSCC: Vital Signs Consultant</b> Lead organizational change with powerful metrics and methodology. 18 hours virtual or 2-day in-person plus post-course practicum. <i>Able to: Use the Leadership, Team, and Organizational Vital Signs tools.</i></p> <p><i>Next... continue to another Pathway.</i></p>	<p><b>EQPE: Profilers for Education</b> Get started with EQ assessment and development for educators and students. One day workshop or eLearning. <i>Able to: Use the YV Profiles with numerous practical, powerful classroom exercises.</i></p> <p><b>EQIL: Interactive Lab</b> Increase EQ in your classroom with Brain Profile activities in a fun, practical, one day workshop or online/virtual program. <i>Able to: Use the Brain Profile activity kit.</i></p> <p><b>EQEC: EQ Educator</b> Learn the Self-Science methodology to integrate and effectively facilitate social-emotional learning. Three day workshop or 30 hours online/virtual. <i>Able to: Apply SEL best-practices, SEL starter kit and create effective SEL lessons.</i></p> <p><b>EQTE: Tools for Education</b> Measure student and adult EQ using the powerful, validated SEI toolkit + assess school climate. 30 hours virtual/online or three-day certification. <i>Able to: Administer and debrief the Education Vital Signs, SEI, SEI-YV, and SEI 360 assessments plus the Brain Profiles.</i></p> <p><i>Next... continue to the Practitioner Pathway.</i></p>	<p><i>For coaches:</i></p> <p><b>EQAC: EQ Assessor + EQCM</b> Measure &amp; develop core skills with a rigorous and practical toolset. 32 hours online/virtual, or 4 days in person, plus postcourse practicum. + For Certified Coaches: EQCM post-course mentoring for "EQ Coach." <i>Able to: Administer and debrief the SEI, SEI-YV, and SEI 360 assessments, plus use Change MAP to design coaching.</i></p> <p><i>For coach certification:</i></p> <p><b>EQCC: Coach Certification</b> Become a highly effective coach using the International Coach Federation competencies blended with Six Seconds' methodologies for EQ and Change.</p> <p>Step 1: <b>FOUNDATIONS</b> - 4 days in person plus pre- and post-course eLearning. <i>Able to: start coaching.</i></p> <p>Step 2: <b>INSIGHTS</b> - 4 days virtual/online. <i>Able to: use the Six Seconds EQ Model and Change MAP in coaching.</i></p> <p>Step 3: <b>SOLUTIONS</b>- 4 days plus virtual/ eLearning and practicum. <i>Able to: structure and deliver a coaching program - and apply for ACC from the ICF.</i></p> <p><i>Next... continue to the Practitioner Pathway.</i></p>
<p><b>EQAP: Advanced Practitioner</b> Dive deeply into Six Seconds' program design methodology; collaborate with top experts in Six Seconds' tools and models from around the globe. 6-months including 7 days in person; by invitation only to active practitioners.</p>		
<p><b>PPN: Preferred Partner Network</b> Join Six Seconds as a committed partner in organizational transformation; deeply integrate Six Seconds' tools &amp; methods into your delivery as a pillar of your brand. By invitation only.</p>		

A larger view of this "Certification Pathways" map is available on [www.6seconds.org/certification](http://www.6seconds.org/certification)



What if one billion people were **practicing** emotional intelligence?

## About Six Seconds

We teach emotional intelligence to support people to create positive change, and our vision is that one billion people will be practicing emotional intelligence by 2039. The global leader in emotional intelligence since 1997, Six Seconds is the only international nonprofit dedicated to researching and spreading EQ.

Six Seconds is a network of change makers, scientists, leaders, and educators using scientifically validated tools and methods to increase the people-side of performance. With a 15-year track-record, Six Seconds' approach is used by medium and large enterprise (e.g., Almarai, Rotana, FedEx, HSBC), government agencies and NGO (e.g., US Navy and United Nations), to schools and communities around the globe. Results include faster change, increased engagement, stronger leadership, and greater social responsibility.

Six Seconds' experts apply the science of emotional intelligence to improve almost every aspect of human endeavour. From schools where children love to learn, to corporations where people thrive, to prevention programs saving lives, Six Seconds' solutions are life-changing – and empower people to take ownership of a positive future.

Six Seconds is a global organization supporting people to create positive change – everywhere, all the time.

Learn more:  
[www.6seconds.org/about](http://www.6seconds.org/about)

Businesses, government agencies, nonprofits, schools, and community organizations choose Six Seconds' tools and methods because of the global relevance, strong scientific basis, and practical application.



"This course brought me deeply in touch with my emotions and inspired me to be a catalyst for change in the world. Thank you, Six Seconds!"

- Heather Kantor, CFO

